

## Minute of Devon and Cornwall Quaker Gathering, St Austell, 09.10.10

### Minute 14.10

30 Friends attended this Gathering which has been led by Elizabeth Brown and Alec Davison from the Kindlers, a group established in response to the Long Term Framework accepted by Yearly meeting in 2008 and which has, at its heart, the priority to “strengthen the spiritual roots in our meetings and in ourselves”.

The theme for the day has been “Deepening Quaker Worship”. Friends have engaged in a series of activities which have taken us deeply into the heart of Quaker worship. We have learned techniques to help us with centring down, entering the light and finding the hope and joy contained within the “dance of prayer”. We have experienced a meditation process based on Rex Ambler’s work, “An Experiment with Light”. We have shared one another’s spiritual journeys and considered afresh how we live our lives and how sensitive we are to the promptings and leadings which search us out. We have been encouraged during closing ministry to “live our way into the answers”.

We thank Elizabeth and Alec for their stimulating and enthusiastic support. We leave with ideas and encouragement to explore these matters within our own worshipping communities. We thank Joan Towle and St Austell Friends for their hospitality and service. We depart in the hope that we will meet again in Exeter on February 12th 2011 to consider the topic “Quakers and Political Processes” led by Michael Bartlet, BYM’s Parliamentary Liaison Officer.

Bob Lovett  
(Convener, D and C Gatherings Arrangements Committee)