

# Experiment with Light



Experiment with Light is a process that helps people deepen their spiritual lives by discovering what it means to “wait in the Light” as early Quakers did.

**Glenthorne Quaker Study Centre** is holding a weekend introduction to the Experiment with Light. Starting with George Fox’s words: "This I knew experimentally," we will look into what this experience was and is. We will undertake a meditation process of waiting in the Light as early Friends understood it to see whether the experience is still available to us. This can be searching and powerful, insightful and even amazing. The beauty, peace and spiritual atmosphere of this place, with its awe inspiring surroundings, may encourage our openness to the Light. We will also reflect on the significance of the Light for our lives today.

**Friday 4<sup>th</sup> October to Sunday 6<sup>th</sup> October**

Glenthorne Quaker Study Centre,  
Easedale Road, Grasmere,  
Cumbria, LA22 9QH.

The course will start after supper on Friday and finish after lunch on Sunday.

*Workshop leaders: Margaret Bradshaw, Angela Greenwood and Allan Holmes*

To contact Margaret Bradshaw:  
[margaret\\_bradshaw@btinternet.com](mailto:margaret_bradshaw@btinternet.com)

Tel.: 01434 682 269

Website:

[www.experiment-with-light.org.uk](http://www.experiment-with-light.org.uk)

Cost: £ 190

**To book** contact Glenthorne  
**01539 435 389**

